

### Type of CEU Credits You Need for Renewal

In selecting courses for NCALB CEU credits, know that at least **15 CEU credits must relate to Core Acupuncture**. This is defined as courses designated as **AOM-AC by NCCAOM** or, for those courses which have been submitted for approval to NCALB by the provider, designated as core acupuncture credits by NCALB.

**At least another 10 CEU credits must come from courses with content relating to the scope of practice of acupuncture, as defined in G.S. 90-451(3). This can include additional Core Acupuncture credits as defined above, as well as adjunctive therapies** (such as massage, mechanical, thermal, electrical, and electromagnetic treatment and the recommendation of herbs, dietary guidelines, and therapeutic exercise.)

For your remaining 15 credits, you may submit up to 2 credits for CPR and up to 10 pre-approved credits for teaching, research, or authoring an article in a peer-reviewed journal. Additional credits in core acupuncture or adjunctive therapies are also acceptable. For questions, see **21 NCAC 01 .0301**, posted on our website, [www.ncalb.com](http://www.ncalb.com).

### Approved Providers for your CEU Credits

**Please be aware that only courses approved by the providers listed in 21 NCAC 01 .0301 (c)(1) will be accepted for license renewal.** Certificates submitted for NCALB license renewal **MUST** indicate approval by: NCALB; NCCAOM; accredited Acupuncture Schools (or those in candidacy status); the Society of Acupuncture Research; NADA; or AAMA . Courses not approved by one of these listed providers will not count toward your 40 CEU requirement.

### Other Requirements your CEU Credits Must Meet

In addition to being approved by a listed provider, submitted courses must meet **additional requirements**, which are set forth in 21 NCAC 01 .0301:

1. CEU courses must be **“formally organized courses”** as defined in 21 NCAC 01 .0301(c)(2). Courses without a syllabus, course evaluation, and credentialed instructor do not meet that requirement. Group discussions and “townhalls” are not “formally organized courses” within our definition and do not count towards NCALB renewal CEU requirements.
2. CEUs must be earned during the 2-year period immediately before your renewal is due. For renewals due 7/1/2023, this means the CEUs must have been taken no earlier than 7/1/21
3. Courses must have been approved at the time they were taken.
4. Under 21 NCAC 01 .0301 (d), licensees are permitted to obtain up to 28 hours of CEUs by completing online courses otherwise approved by NCALB under our rules. This is known as the requirement that at least 12 hours of CEUs be earned in person. **The Board has determined that live webinar courses will no longer be counted as online courses, and instead will be counted as in person attendance.**